



# KIDSFIT™

## MYPLATE™ SCAVENGER HUNT

Go to each store department with your balloon and try different foods from each food group. Return your sheet to the Hy-Vee dietitian for your prize!

What did you try?  
\_\_\_\_\_

Did you like it?

Not so Much  
 Okay  
 Totally Awesome

DAIRY

**FRUITS**

What did you try?  
\_\_\_\_\_

Did you like it?

Not so Much  
 Okay  
 Totally Awesome

**GRAINS**

What did you try?  
\_\_\_\_\_

Did you like it?

Not so Much  
 Okay  
 Totally Awesome

**VEGETABLES**

What did you try?  
\_\_\_\_\_

Did you like it?

Not so Much  
 Okay  
 Totally Awesome

**PROTEIN**

What did you try?  
\_\_\_\_\_

Did you like it?

Not so Much  
 Okay  
 Totally Awesome