

HyVee.

KIDSFIT

NAME: _____

DATE: _____

SPLASH INTO SUMMER

Eat, play, learn and challenge your way through the summer. Add to our KidsFit Summer Bucket List to plan your best break yet!

- 1 Try to eat all 5 food groups at every meal all summer long
- 2 Stay active on a rainy day with KidsFit At Home
- 3 Read the KidsFit Water Safety blog to stay safe in & around water this summer
- 4 Pickup your KidsFit Club box in June
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____



JOIN THE CLUB

or submit your challenge for the chance to win prizes!

