

# CHIA PUDDING WITH CHEERIOS & FRESH BERRIES

## ALL YOU NEED:

- 1 cup Hy-Vee almond or coconut milk, unsweetened
- 1 cup Hy-Vee Greek vanilla yogurt
- 2 tablespoons agave syrup
- 1/2 teaspoon coconut extract
- 1/4 cup chia seeds
- 1 cup Cheerios cereal
- 1 cup fresh berries of your choice, washed and cut into pieces
- 1/4 cup almonds, sliced or in pieces

## THINGS TO GRAB:



Spoon



Measuring Cups



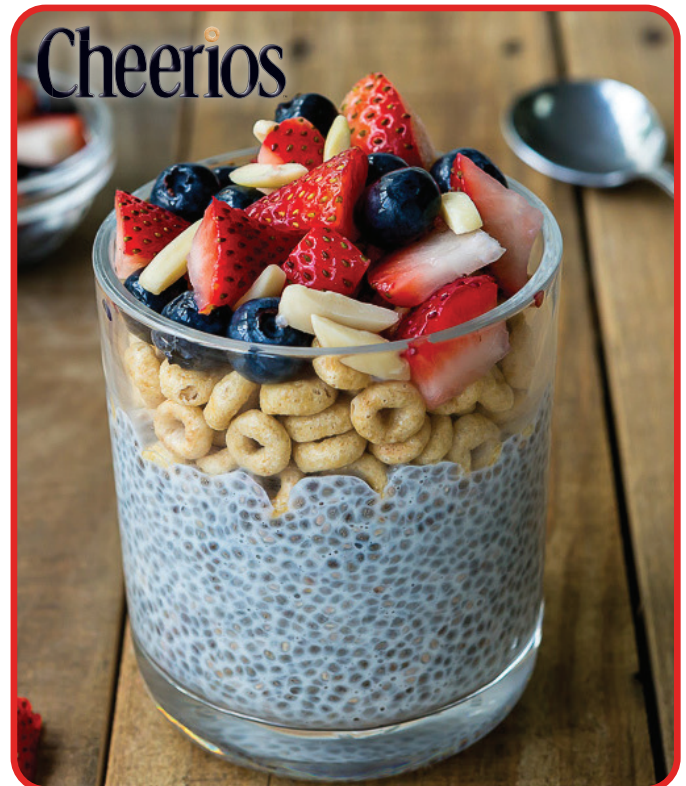
Medium size  
mixing bowl



Measuring Spoons



Small serving  
glasses or jars



## ALL YOU DO:

1. In a medium-size container mix milk, yogurt, agave, coconut extract and chia seeds. Mix well to combine.
2. Refrigerate for 30 minutes, remove from fridge, mix again and refrigerate over night.
3. To serve, divide pudding in equal parts and serve in small cups or glasses.
4. Add Cheerios over pudding and top with fresh berries. Serve immediately.



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