

(CHIEFS KINGDOMS POPSICLES)



ALL YOU NEED:

- 2 cups pineapple
- 3 cups strawberries
- $\frac{1}{3}$ cup + $\frac{1}{2}$ cup Body Armor Lyte Tropical Coconut or liquid of your choice
- Craft sticks (if your mold doesn't come with sticks)
- Popsicle molds



ALL YOU DO:

1. Combine pineapple and $\frac{1}{3}$ cup of Body Armor into a blender and puree until smooth. Pour into a liquid measuring cup and set aside.
2. Combine strawberries and $\frac{1}{2}$ cup Body Armor into a blender and puree until smooth. Pour into liquid measuring cup and set aside.
3. Pour your strawberry puree into Popsicle mold first. Next, add your pineapple puree on top. Pineapple is a little denser so this gives us a fun swirl in our popsicles.
4. Place sticks on top and freeze 4-6 hours or until completely frozen. Pro Tip: If you are using craft sticks as your sticks, you can place aluminum foil over mold first and then poke through your sticks so that they stay in place.