

▶▶▶ **STEP TRACK-ER** ▶▶▶

Set a daily step goal and write it in the center. Each day you meet your step goal, write your total steps in one lane of the track and color it in. Race your friends and family to see who will be the first to fill all eight lanes of the track!

My daily step goal is... _____

FINISH
START

8
7
6
5
4
3
2
1

Join the Club or submit your completed challenge for a prize!

