

FOUR INGREDIENT BLACK BEAN SOUP

ALL YOU NEED:

- 2 cans black beans, undrained
- 1 jar of Salsa
- 1 Tbsp. Cumin
- 1 Tbsp. Garlic Powder
- Optional Toppings: Plain Greek Yogurt, Avocado, Diced Onions, Cilantro, etc.



ALL YOU DO:

1. In a medium saucepan, add all ingredients to your pot. Turn heat up to medium-high.
2. Stirring occasionally, bring soup to boil. Then, reduce heat and let simmer for 3-5 minutes.
3. Add your toppings and enjoy with a salad kit or half of a veggie sandwich to make your complete meal!