

FOCUS OF THE YEAR



← Read the Focus of the Year blog then write your focus in the center! Write a new goal each month to help with your focus. Hang this worksheet somewhere you will see it every day this year!"

JANUARY

FEBRUARY

MARCH

APRIL

MAY

DECEMBER

JUNE

NOVEMBER

OCTOBER

SEPTEMBER

AUGUST

JULY

Return completed challenge to KidsFit@hy-vee.com or your local store for a prize!

Store participation may vary.