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BUILD YOUR OWN: KIDSFIT ADVENTURE BOARD GAME

Design Your Game Board

Each player can use their own game board to customize their adventure!

Fill in your towns name in the blank under the Hy-Vee Store! Next draw your 2 favorite places to be active in the empty boxes!

Create Your Adventure!

Cut out all of the game tiles and glue them onto your game board in a path. You can glue them in any order you want just make sure to start at the KidsFit logo, pass through your favorite places to play and finish at the Hy-Vee Store!

Next design your game piece and cut it out! You can draw yourself, write your name or draw your favorite health icon!

PLAY with your family & friends!

Use any 6-sided die to place. The KidsFit dice will work if you don't have one on hand.

Draw a PLAY card every time you land on a blue tile! Complete 10 reps of the movement.

Draw an EAT card every time you land on a yellow tile! Name the correct food group.

Draw a LEARN card every time you land on a red tile! Answer the trivia question.

If you land on a gray tile, the person to your left draws any card for you!

THE FIRST PLAYER TO HY-VEE WINS!

