

▶ PROTEIN PUMPIN' VEGGIE DIP ▶

Eating a high protein snack will give you more energy and help you get stronger! Try this simple veggie ranch dip to give your snack that protein pump it needs!

ALL YOU NEED:

- 2 cups Hy-Vee Plain Greek yogurt
- 1 packet Hy-Vee Ranch seasoning packet



ALL YOU DO:

1. Mix together ingredients and enjoy!