

DARK CHOCOLATE (CHERRY) NO-BAKE BITES

Have these easy Dark Chocolate Cherry No-Bake Bites ready for snack time or perfect breakfast on-the-go! Can't beat these filling bites made with wholesome ingredients including heart-healthy omega-3's, protein and fiber!

ALL YOU NEED:

- ½ c. Hy-Vee old-fashioned rolled oats
- ¼ c. almond flour
- 2 tbsp ground flaxseed
- 2 tbsp honey
- ½ tsp Hy-Vee vanilla extract
- ¼ c. almond butter
- ¼ c. dark chocolate chips
- ¼ c. dried cherries



ALL YOU DO:

1. Combine oats, almond flour and flaxseed in a medium bowl.
2. In a small separate bowl, stir together honey, vanilla and almond butter.
3. Using a spatula, mix together flour mixture, almond butter mixture, chocolate chips and dried cherries in a medium bowl.
4. Refrigerate for 30 minutes before shaping into 12 (1-inch) balls. Store, covered, in the refrigerator.

NUTRITION FACTS PER SERVING: SERVES 12

Calories: 110; Carbohydrate: 12g; Dietary Fiber: 2 g; Fat: 7g; Protein: 3g; Saturated Fat: 1.5g; Sodium: 15g; Trans Fats: 0g

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