

# DISCOVER MY HY-VEE!

Go to your local Hy-Vee to complete this scavenger hunt. Answer each question in any order you want. Return your sheet to customer service for a prize.

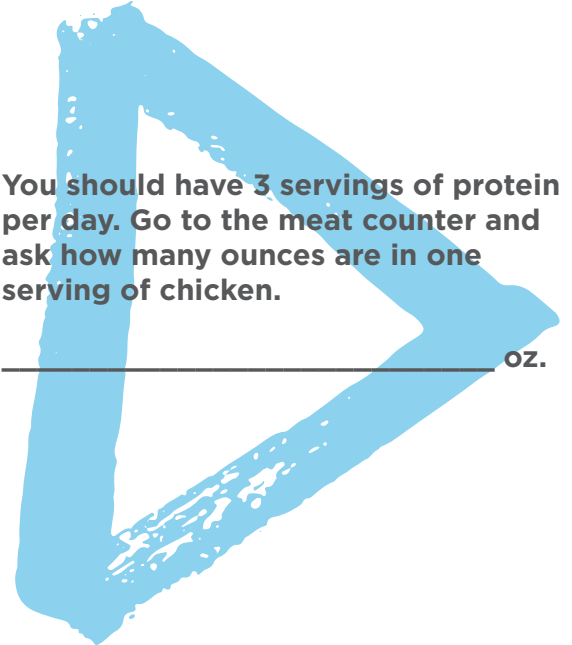
NAME: \_\_\_\_\_ MY STORE: \_\_\_\_\_



Go to the produce section and pick out a fruit or a vegetable that has your favorite color in it.

What did you pick?

\_\_\_\_\_



You should have 3 servings of protein per day. Go to the meat counter and ask how many ounces are in one serving of chicken.

\_\_\_\_\_ oz.



Find a cereal that has less than 8 grams of sugar and at least 3 grams of fiber.

What did you pick?

\_\_\_\_\_



Find a loaf of bread that is 100% whole grain. Whole grain bread has lots of fiber in it!

What did you pick?

\_\_\_\_\_

How many grams of fiber?

\_\_\_\_\_



Ask a Hy-Vee pharmacist for some tips on how to avoid getting sick this year.

List one:

\_\_\_\_\_

\_\_\_\_\_

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