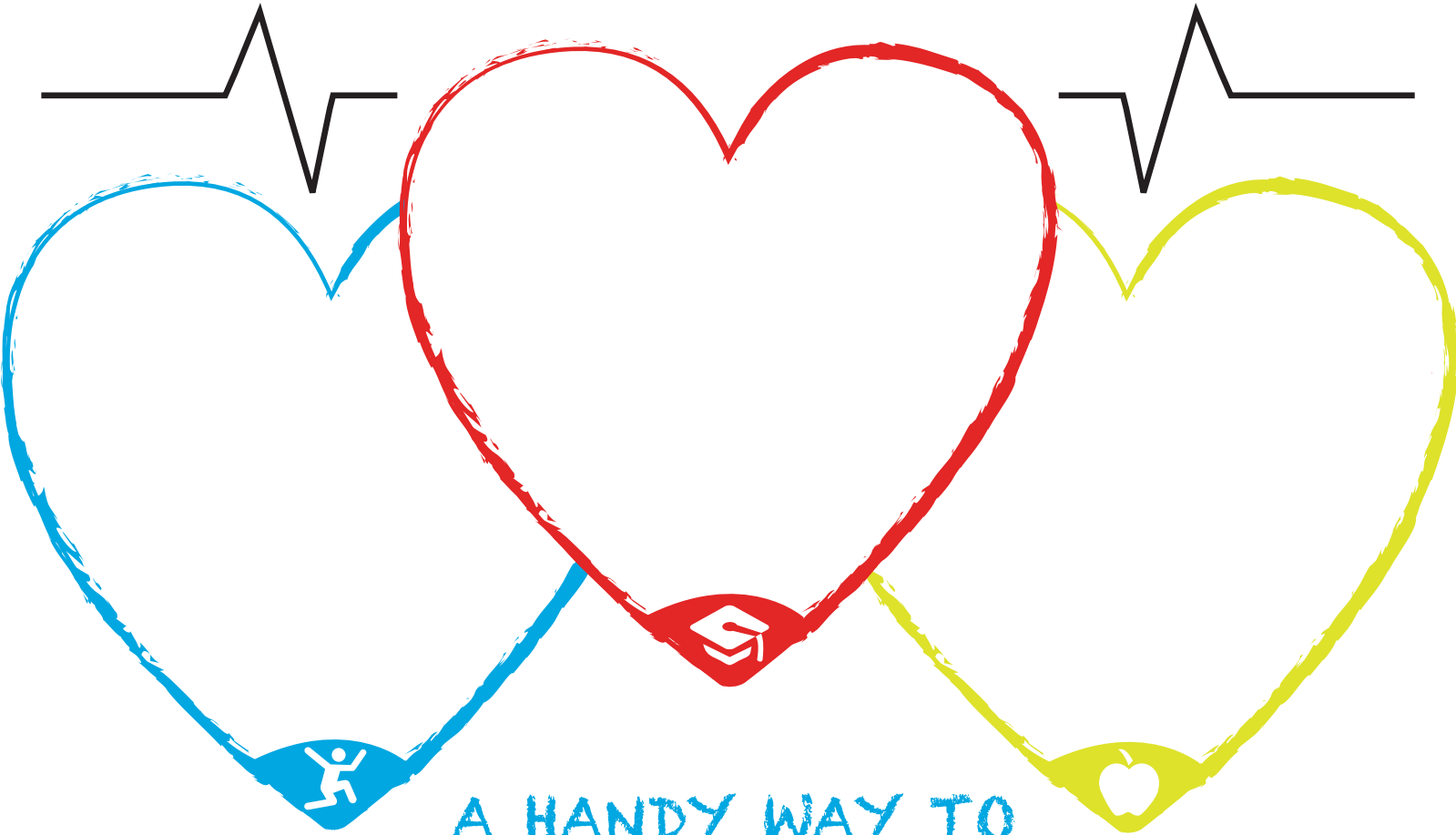


STRENGTHEN YOUR HEART!

NAME: _____



A HANDY WAY TO EAT RIGHT

