

PUMPKIN JUICE

Serves 4

ALL YOU NEED:

- 6 cups 100% apple juice
- $\frac{3}{4}$ cup pumpkin puree
- 4 Tbsp pure maple syrup
- $\frac{1}{2}$ tsp pumpkin pie spice

THINGS TO GRAB:

Measuring Cups



Small Pot



Mixing Spoon



ALL YOU DO:

1. In a small pot, heat pumpkin puree, pumpkin pie spice, and syrup over medium heat. Stir until all ingredients are smoothly combined.
2. Pour in apple juice. Slowly stir until the liquid is hot but not boiling.
3. Serve the beverage cold or hot. ENJOY!



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