

# A(ACI) SMOOTHIE JAR

## ALL YOU NEED:

- 1 frozen acai smoothie pack (or 1 tablespoon acai powder)
- 1/3 cup Hy-Vee Berry Medley frozen berries (or 1 cup frozen berries if using acai powder)
- 1 banana
- 1/2 cup coconut milk (not cream of coconut) or almond milk
- 3 tablespoons Mixed Berry Creative Roots Water
- 1 tablespoon chia seeds

## TOPPINGS:

- 1/2 cup Nature Valley™ coconut & almond granola (from 11-oz bag)
- 1/2 banana, sliced
- 1 or 2 fresh raspberries
- 2 tablespoons toasted coconut
- 1 tablespoon almond butter, melted
- 1 tablespoon chia seeds



## ALL YOU DO:

1. In blender, add Smoothie ingredients. Cover; blend on high speed 1 to 2 minutes or until smooth.
2. Pour into 16-oz glass jar. Add toppings just before eating. Enjoy with a spoon.