

MY GRATITUDE CHALLENGE

A reason to be excited for the future...

Someone whose company I enjoy...

A valuable lesson I learned...

Someone who I admire...

A fun experience I had...

Something beautiful I saw...

An act of kindness I witnessed or received...

Someone I can always rely on...

An unexpected good thing that happened...

Something I can be proud of...

An experience I feel lucky to have had...

The best part of today...